



NAMASHKARAM  
TECH SKILLS

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MSME  
MICRO, SMALL & MEDIUM ENTERPRISES  
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# Indian Knowledge System (IKS)

Training & Awareness Workshop

**Organized For :**

**JAWAHAR NAVODAYA VIDYALAYA, Gopalganj ( Bihar)**

Learning | Culture | Innovation

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Today I Learned - Indian

## Indian Philosophy

- Indian philosophy teaches us how to live a balanced and meaningful life.
- I learned about Dharma, which means doing our duty with honesty and responsibility.
- I understood Karma, the idea that our actions decide our future results.
- I learned the concept of Ahimsa, which teaches non-violence and compassion towards all living.
- Indian philosophy emphasizes self-discipline, self-awareness, and inner peace.
- It encourages us to seek truth, wisdom, and harmony in life.